Help Prevent Spread of Highly Contagious “Stomach Bug”

A.T. Shelters and Privies may have been used by sick hikers. WASH YOUR HANDS w/ SOAP & WATER.

- Treat all water. Use best LNT practices.
- Hand sanitizers may not be effective against the stomach bug.
- Stomach bug has a 12 to 48 hour incubation period, lasts 24-60 hours and may cause severe diarrhea, vomiting, and dehydration.
- People with stomach bug may be contagious for 3 days to two weeks after recovery.