



All About the Appalachian Trail

by Leonard M. Adkins

Silver-Award Winner in the Independent Book Publishers Association Benjamin Franklin Awards

All About the Appalachian Trail (Blue River Press, ISBN 978-1-68157-099-0, © 2020, \$5.99) by **Leonard M. Adkins** was recently named a **Silver Award Winner** in the 33rd annual Independent Book Publishers Association Benjamin Franklin Award category of **Young Reader Nonfiction**.

Judges' comments included:

- "Well written and organized. The glossary and timeline add to understanding."
- "Writing and clarity 100% Perfect."
- "...a valid resource for anyone wanting to learn about the Appalachian Trail."

All About the Appalachian Trail is the very first written for grades 4-8 that provides a complete overview of the world famous hiking trail and is designed for children and their parents, teachers, and librarians to enjoy together. The book covers it all: the route, history, geology, and animals of the trail, along with chapters about hiking equipment and Leave No Trace ethics. There's even a profile of the trail's most famous users, thru-hikers, and quotes designed to not only inspire everyone to take a hike, but to also volunteer to help maintain and protect the trail. In addition, there is a free downloadable Teacher's Guide with Common Core Standards, sample questions, and activities to stimulate further discussion and knowledge of the trail.

About the Author

Leonard M. Adkins has hiked more than 20,000 miles exploring North America, Europe, New Zealand, and the Caribbean. Among his many long-distance hikes are five traverses of the entire Appalachian

Trail. He is the author of more than 20 books about the outdoors, nature, and travel. His Wildflowers of the Appalachian Trail won the National Outdoor Book Award and his The Appalachian Trail: A Visitors Companion received the SATW Lowell Thomas Travel Journalism Award. He currently lives in Chesterfield, Virginia.

About the IBPA Benjamin Franklin Awards

The IBPA Benjamin Franklin Awards recognize excellence in independent publishing. Books are judged by wholesale and retail buyers, librarians, book critics, design experts, and independent publishing consultants. Judges evaluated 1,700 submissions to create the list of finalists.

All About the Appalachian Trail is available through online retailers, local bookstores, or the author's website, <http://www.habitualhiker.com>. Booksellers may order the book through their wholesalers, including Ingram or Baker & Taylor. Review copies may be obtained by contacting Ginger Bock, Cardinal Publishers Group, 317-352-8200; GBock@cardinalpub.com.